

**Community Services Board Meeting**  
Minutes of December 20, 2017

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**Present:** Brian Hart, Joseph Cevette, Dr. Pavillard, Leisa Alger, Amy Jones, Lori Murphy, Rene Snyder, Melanie Rahr, David Andreine, Michelle Johnson, John Alves

**Excused:** Jennifer Emery

**Absent:** Pam Overdurf, Rosemary Anthony

**Guests:**

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**Minutes:**

Approved with changes as noted below:

**Sub-Committee Reports**

➤ **Nominating**

- a. Kyle Saxton has given his resignation after taking a job in the Corning School District.
- b. The Structure of the committee is a problem as Brian should NOT be the person providing recommendations to Jennifer. Consensus was that board members will send recommendations to Jennifer. All agreed to Brian's request to send at least one name to Jennifer from each board member.

➤ **Mental Health**

- a. **Suicide Prevention:** Shannon reviewed the proposed Suicide Prevention Plan and budget. Very little changes to the plan other than successfully training two individuals in Mental Health First Aid for Youth, and sending committee members to the state conference. Budget is relatively flat in that revenues are projected to be \$2,000 than expenses, but we have over \$150,000 in the fund with the Community Foundation. Reminded all parties that the t-shirts and food for the walk are guestimates, and the budget is recommended by the committee for approval understanding that those two lines can fluctuate without further approval. Motion made to approve plan and budget by April. Seconded by Amy. Unanimously approved.
- b. **State Suicide Prevention Task Force:** Brian has been named as part of the Governor's Task Force on suicide. First meeting was consumed for the most part introducing each of the 33 members of the task Force. Committees have been formed, and Brian is participating in the data committee as well as the suicide prevention for youth committee. Not much to report to date, but a recommendation is due back to the Governor by February.

- c. **HBCI expansion:** The state has approved of expanding Home Based Crisis Intervention from a one person program to 3 FTE's. This model is designed to be brief in nature serving up to three families per staff for a 4-6 week period. Another way of looking at the program is that the staff are in the home virtually daily providing parenting guidance of their mentally ill child.
- d. **Transformation plan update:** The coordinated efforts between EPC and FLPN continue to go well, and they are finally starting to have active participation in all components of the plan including the regional family support groups. By virtue of the August state report on transformation, EPC has reduced its bed capacity for 52 adults' ad 12 youth, and they have a readmission rate of 22% for adults and 10% for youth while St. Joseph's readmission rate is approximately 13% for their 25 bed unit. The readmission rates are significant as there are financial penalties for readmissions within a short period of time. In addition, the crisis Respite beds at EPC are being utilized approximately 40% less than last year.
- e. **ER Presentations:** This has become a significant problem in our community. In Brian's opinion the Psychiatrists appear to be risk adverse, so patients, especially youth, are sitting in the ER for several days at a time, and then discharged because they no longer meet admission criteria. Brian is meeting with staff of the healthcare system at both hospitals to discuss ways to improve this including a more comprehensive knowledge of the community resources that could be wrapped around an individual instead of admitting them.

➤ **Substance Abuse**

- a. **Tompkins County Plan:** The Alcohol and Drug Council of Tompkins County has submitted a proposal for 20-24 detoxification/stabilization beds to serve the region.
- b. **Reversing the Stigma:** This OASAS sponsored documentary will be shown on January 16<sup>th</sup> at the Journey Center in Horseheads with a panel discussion to follow. All are not only encouraged to attend, but invite as many people as possible.
- c. **Jail Based Services:** The Conference of Local Mental Hygiene Directors has submitted a white paper to OASAS outlining the importance of funding substance abuse services in the county jails with acknowledgement of their not only being a heroin/opioid epidemic, but that 57% of inmate shave substance abuse issues, and 68% of all inmates with these issues have had previous occurrences of being incarcerated. The ask is for 12.8 million, which would likely translate into approximately \$150,000 for Chemung. This is significant in that services provided by trinity are free and have a negative impact on their state reported productivity of clinical staff. Family Services staff had noted that the relationship with Trinity in the jail is going well.
- d. **SARA member request:** Brian reported that a member of the Substance Abuse Regional Alliance (SARA) had contacted him to consider inviting the mayor of Ithaca to discuss their controversial plan to inject street drugs upon presentation of the addict. Despite discussion with this coalition member over what are responsibility is to the public,

Brian refused to invite him stating discomfort in giving the impression that he and the county support this practice that has tremendous liability concerns.

➤ **Development Disability**

- a. **OPWDD Transition plan:** Today's committee discussion utilized the entire meeting discussing the plan, with specific reference to the take down of shelter workshops and the transition from MSc services to care Coordination/Health Homes (CCO/HH). While the CCOs have not been announced, there were only two indicating an intent to serve Chemung, Prime Care and Person Centered Services (PCS) of Western NY. Both are made up of various DD provider organizations, which is interesting when the purpose behind the changes away from MSC services is to avoid conflict of interest as defined by CMS. These organizations will be formally announced in February with a hard start up date of July 1<sup>st</sup>. Prime Care intends to transition MSc agencies and their respective staff over time into CCO/HH care managers. PCS intends to make that transition all at once in July. Most of the discussion around this focused on what appears to be a consistent lack of attention be paid to the details, such as the impact on staff, and consumers, as it appears likely that come of both will be lost in the transition. With regard to the sheltered workshops, the plan had moved out the closure to 2018, with each agency required to submit a transformation plan. AJ reported that most of Capabilities plan to transition those who are able and willing to receive community based vocational supports, and support the others without funding internally.

**Director's report**

- f. **SARA:** Brian provided an update on the Substance Abuse Regional Alliance progress to date. They have had four meetings, established an access, social determinants, messaging and social media as well as a first responder committees to focus on the actual work to be done to address the heroin/opioid epidemic. Brian reported that the County Legislature had approved the use of federal funds in excess of \$80,000 to address the social media and messaging tasks. Amy recommended that we consider enhance the needle exchange efforts in our community.
- g. **Loyloa:** This organization in Bath and Hornel seems to be struggling financially and will likely close down in the future, leaving a void of these critical services.
- h. **GRHHN:** The Greater Rochester Health Home Network serving adults and youth is in the process of being approved to be operated by the Finger Lakes PPS. If approved by DOH, FLPPS will leverage its relationships obtained through DSRIP to expand the use of GRHHN as a health home in the region.

🕒 **The next meeting is scheduled for February 21, 2018 at 1:00.**