

Substance Abuse Committee
June 19, 2019

Present: Brian Hart, Glenn Jarvis, Erin Doyle, Lisa Willson, Nicholas Moffe, Victoria Wagner, Jennifer Emery

Excused: Linda Waite

Minutes:

Approved without changes

Director of Community Services Report – Brian Hart

- **Cancel July Meeting:** Brian will be at a Conference in July and will not be available for next month's committee meeting. He asked if they wanted to cancel or have the meeting without him and all were in favor of canceling the meeting.
- **Shatterproof Pilot – Rating System of Providers:** Providers know about this, and this is a grass roots system out of Connecticut. A father who lost his son from addiction created a rating system. New York is in the process of bringing a Pilot to the State that will rate providers. Rob Kent did a brief presentation on it, and OASAS thinks that this is worth doing. Brian advises everyone to take a look at it, so you have more information, as this is coming in the future. If anyone is interested in joining the State Advisory Committee can do so, as it is done via online participation, and not in person. They did send out an invite to the providers about the committee. Brian said that he would forward the information that Ann Domingos sent him. There was a round table discussion that was held in May. The following questions were asked: Will the providers receive feedback after they are rated? Will tips be given to get a higher rating? Once the survey is up and operational, will only consumers be allowed to access it? Will there be only one rating per person? OASAS sees this as an additional tool to improve. By making the results public it allows the public to see which provider is better. Systems of checks and balances are no in place with treatment facilities out of state. It would be best if the rating system was done nationally. OASAS thinks the most important this is that individuals have access to treatment. This is why so many are leaving the state for treatment is because they don't have to wait.
- **Prevention Department is Strongly Recommending PAX Good Behavior Game:** This is the future of prevention services for children. OASAS is supporting this service, but it is not user friendly. The plan is broken into segments and it's hard to make sense of it and it is hard to follow. Trinity will be using it in Tioga County, and the Teachers will be administering the program. There will be a pilot program downstate and western New York.
- **Pat Lincourt Indicated Full Support of Dual Recovery Inpatient:** It was confirmed with the State that OASAS is in support of having a Dual Recovery Group with the New Dawn Program and the BSU at St. Joe's. Mary Vosburg

will be contacting Pat Lincourt to discuss best practices. There is no regulation that will prohibit this from taking place. There will be a staff person from each unit, and all releases will need to be signed. This will be a Group Room that is not even in a licensed space. If the doctors states that the patient is stable enough to go to this group then they can attend. New Dawn staff are continuing to do FIT Training. Glenn Jarvis has completed the training.

- **NYSE-CON – By 2020 CON will be online:** The Certificate of Need (CON) is what is required to open and close any services. It's required that local County government, the regional field office, and the state be notified. In 2020 the process will go online for OASAS through a DOH system called YE-CON. The language will be different in which everything will be considered a "facility". There is an issue that has come up in that if the service is regional, then according to regulation all the County Directors that the program serves should have access to CON, but with this now being online it is only the county in which the facility is located will have access in the on line system to provide comment.
- **Proposal for At Home Services:** OASAS has received two proposals to provide in-home services. The first one is for an in-person 52 week program that would include individual and group therapies as well as drug screenings. The second one is for a digital program. The first contact is face to face, and then everything else after is done digitally. This included a digital drug test, which raises many questions. The question was asked that if this is approved and providers start doing this what is the cost for the technology and will this be extended to existing licensed providers? Rob Kent stated that they will need to require the providers to have offices in NYS. The future is before us and both proposals are dangerous. What is the timeline? Well currently these proposals are in front of them and they have not decided on either of them as concerns were raised. The barrier is if someone is not engaged with screenings and therapy. The convenience is meeting the individuals from where they are at.

Sharing by Community Members

- **AIM –** They met with transit representatives again on the Smart Tap program and they are not completely going to that, as they are still using tokens and cash will never go away. If you lose your reloadable card there is a \$5.00 charge for a new one. You register through email and you have to enter in your name, address, and phone number. If you want to do it in-person, you need to go to the office off of Clemens Center Parkway. They have 31 day passes for \$60.00, and 31 day passes for \$45.00(reduced rate for senior citizens 60 or older or people who are disabled), and 31 day passes for \$75.00 for all access commuter routes. Brian Hart gave Transit contacts for agencies that have clients that will be effected by this Smart Tap program, so these agencies have the opportunity to inform Transit of their concerns. It was brought up that they can see issues with increased no shows for appointments due to some individuals not having access to the internet and do not have an email address, or have difficulty entering information into the computer. Will update if they receive any new information. (Transit Smart Tap Flyer is Attached) The

Question was asked if the Substance Abuse Committee was open to the public and the answer was yes, anyone can come to this meeting.

- **Finger Lakes Problem Gambling Resource Center** – Brian passed out a flyer that he received (attached) from the organization that is based out of Rochester NY.
- **New Dawn** – AIM is coming over today at 4pm to do a presentation to help individuals connect with services.
- **Family Services** – They shared fliers for Health Home Care Management for Adults and Care Management for Children (attached).

The next meeting is scheduled for August 21, 2019.
*****Remember the July meeting is cancelled.**

Please see attachments below:

Purchase Passes in ADVANCE

Decide what product works best for YOU and the most convenient way to buy it.

Drivers do NOT sell SmartTAP products on the buses.

Using your SmartTap Card

A single beep/green light means your fare has been paid. If a red light persists, contact C TRAN at 607.734.5212



How do I purchase product at the Vending Machine?

Follow the touch screen prompts.

How do I pay for my purchase at the Vending Machine?

SmartTAP Vending Machines are able to accept: Credit, Debit or cash in \$1, \$5, \$10 or \$20 bills only.

The Vending Machine is NOT an ATM. Change is dispensed in limited coin refunds.

Adding Fare in your Reloadable Smart Tap Card using the vending machine:

Follow the prompts & reload fare. Have your SmartTAP card available to ensure the fare is added to YOUR card. Register your card for maximum protection.



SALES LOCATIONS:

Chemung County Transportation Center

100 East Church Street
SmartTAP Vending Machine

C TRAN Administrative Offices

1201 Clemens Center Parkway
In-person or by phone:
607.734.5212

 **Online:**

www.ridectran.com

Arnot Mall Food Court
(Elevator Access)

Elevator Access
SmartTap Vending Machine

REDUCED FARE PROGRAM

C TRAN offers reduced fare programs for senior citizens (age 60 or older), persons who are disabled and youth. Refer to program information at:

www.ridectran.com



An EASIER way to purchase your BUS PASS!



the smart way to go



About SmartTAP

C TRAN utilizes smart card technology to provide a safe & convenient way to travel using the public transit system. We offer 9 local routes in Chemung County and 3 commuter routes to Corning, Ithaca and Owego. The SmartTAP pass serves as your fare payment to provide boarding ease.

Benefits of SmartTAP products:

- Convenience:** SmartTAP allows you to purchase products online anytime, in-person, or by visiting a SmartTAP vending machine.
- Safety:** SmartTAP passes are much safer than carrying cash and eliminates the worry of having the appropriate fare.
- Faster Boarding:** Just "Tap & Go"
- Security:** When registered, your balance is protected if you lose your reloadable card.
- Gifts:** Bus riders, what a great gift idea to give or receive!



What Products Are Available For Purchase?

C TRAN offers two types of SmartTAP Cards: **Disposable (D)** and **Reloadable (R)**

Depending upon how frequently you ride & where you like to travel will determine which type of bus pass is best for you. The products C TRAN is currently offering include:

Local Routes

1-Day Pass (R)(D).....	\$5.00
31-Day Pass (R)(D).....	\$60.00
31-Day Reduced Fare Pass (R).....	\$45.00

* Initial reduced fare card must be purchased in-person. Refer to Reduced Fare Policies & Procedures.

Pay As You Go

Pay as you go options are available on Full Fare & Reduced Fare Reloadable (R) Cards. Be sure to register for MAXIMUM PROTECTION & reload at any of our sales locations!

Commuter Routes

ALL Access Commuter Reloadable Cards	
1-Day Commuter Pass (R).....	\$12.00
31-Day Commuter Pass (R).....	\$75.00

Commuter Card Holders

Cards must be registered one time (e-mail required) by registering at (607) 734-5212 in order to reload fare online. We apologize for this inconvenience, however our silver commuter cards have access to travel all C TRAN routes, including Corning, Ithaca & Owego.

SmartTAP Tips

- Do NOT bend or punch holes in your SmartTAP products.
- SmartTAP products can NOT be de-magnetized.
- Passes activate the first day you "tap & go" adding each consecutive day regardless of use.
- Reduced Fare products are "non-transferrable" and may only be used by the purchaser.
- Customers are able to purchase up to 3 period passes & up to \$200 in Pay As You Go value on reloadable cards at any given time.

Registering my Reloadable SmartTAP Card

- Register by providing your SmartTAP Card Number: E-mail (required), Name, Address and Phone Number at www.ridectran.com or with assistance in-person at C TRAN from 9AM-4PM.
- Protect your fare: Report a lost card online 24/7 or call C TRAN at 607-734-5212 immediately. There is a \$5.00 replacement fee.
- You are able to check your expiration date, reload monthly, even set up autopay for your convenience.



**Linking You to
Community Services in
Steuben and Chemung
Counties**

 **WHAT IS
CARE MANAGEMENT?**

Care Management is a person-centered approach to meeting individual's healthcare needs. When you enroll in care management services, your care manager becomes your key point of contact in coordinating services for you. Health Home Care Management is a free service paid for by New York State Medicaid.

 **WHO IS ELIGIBLE?**

Do you qualify for Medicaid?

Do you have two or more chronic health conditions such as Asthma or Diabetes?

Do you have a serious mental illness or HIV/AIDS?

If you qualify for Medicaid and you answered yes to either of the other questions, then Care Management services may be available to you.



WHAT SERVICES DOES THE PROGRAM OFFER?

Care managers assist by *linking and referring* to the following:

- **Medical Services**
- **Mental Health Services**
- **Dental & Vision Services**
- **Housing Options**
- **Legal Services**
- **Substance Use Counseling**
- **Transportation Coordination**
- **Education/Vocation**
- **Money Management**
- **Employment Services**
- **Medication Management**
- **Community Programs**
- **Family Support**
- **Social Support**
- **Health Education**

WHO DO YOU CONTACT?

For individuals over the age of 18, please contact **HHUNY (Health Homes of Upstate New York)**
1-855-613-7659 or
www.hhuny.org/members/make-a-referral

For individuals under the age of 18, please contact one of the following:

CHHUNY (Children's Health Home of Upstate New York) 1-855-209-1142 or www.childrenshealthhome.com

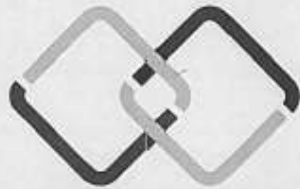
Encompass 1-844-884-4999 or encompasshealthhome@ccbc.net

GRHHN (Greater Rochester Health Home Network) 1-585-350-1400 or www.grhhn.org



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HEALTH HOME
**CARE
MANAGEMENT**
SERVICES FOR CHILDREN

**Linking Your Child to
Community Services in
Steuben and Chemung
Counties**

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Does your child qualify for Medicaid?

Does your child have two or more chronic health conditions such as Asthma or Diabetes?

Does your child have a serious emotional disturbance or complex trauma or HIV/Aids?

If your child qualifies for Medicaid and you answered yes to either of the other questions, then Care Management services may be available to you.



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For individuals under the age of 18, please contact one of the following:

CHHUNY (Children's Health Home of Upstate New York)
1-855-209-1142 or www.childrenshealthhome.com

Encompass 1-844-884-4999 or
encompasshealthhome@ccbc.net

GRHNN (Greater Rochester Health Home Network)
1-585-350-1400 or www.grhnn.org

For individuals over the age of 18, please contact **HHUNY** (Health Homes of Upstate New York)
1-855-613-7659 or
www.hhuny.org/members/make-a-referral

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FINGER LAKES PERFORMING PROVIDER SYSTEM



HEALTH HOME
CARE
MANAGEMENT
SERVICES FOR ADULTS

PGRC

PROBLEM GAMBLING

Problem Gambling Warning Signs

- Gambling to escape or avoid worries, frustration or disappointments.
- Neglecting other responsibilities to concentrate on gambling activities.
- Increasing the amount of money bet in an effort to win back losses.
- Gambling with money needed for necessary expenses, such as groceries or medication.
- Relying on others to get out of debt.
- Feeling desperate, depressed or even suicidal because of gambling.

Ask Yourself

1. Have you ever felt the need to bet more and more money?
2. Have you ever had to lie to people important to you about how much you gambled?

*If you or a loved one is struggling with gambling, help is available.
Reach out for help, today!*

Finger Lakes

Problem Gambling Resource Center
FingerLakesPGRC@NYProblemGambling.org

(585) 351-2262

NYProblemGamblingHELP.org

PROBLEM GAMBLING

What is Problem Gambling?

Problem gambling is when gambling causes problems in someone's life. In some cases, gambling becomes an addiction called gambling disorder, which can be treated with counseling.

PROBLEM GAMBLING FINGER LAKES RESOURCE CENTER

Here to Help

Problem gambling can cause personal, family and career problems. These problems could be arguments over money and gambling with your loved ones, missed deadlines at work, or feeling depressed or anxious because of your gambling.

Nearly 668,000 adults in New York State are struggling with a gambling problem. That equals 5% of the adult population.
(2006 QASAS Adult Problem Gambling Household Survey)