

Mental Health Sub-Committee
September 19, 2018

Present: Brian Hart, Shannon Oakes, Rebecca Robertshaw, Tarry Jochem, Lisa Daley

Excused: Melanie Rahr, Lois Bocchicchio, Marilyn Cristofaro, Laurie West

Minutes:

Change needed to be made stating that Family Services is hiring a full time Crisis staff person Monday through Friday during the daytime hours of 8:30am to 4:30pm instead of after hours. ***The change has been made.

Introductions:

Suicide Prevention Update–Shannon Oakes:

- **Committee News:** The Garden at Eldridge Park was cleaned and weeded out. It was a lot of work, we had a few volunteers. We planted flowers on Monday and now it is now flooded. The Committee discussed what to do in the future, to possibly lift the letters up and then have a landscaper come in and do the work.
- **ASIST Training:** The training is free and will be here in the DSS/HRC building on November 7th and 8th (2 Full Days), and they will also provide lunch for both days. Registration information will be on the website (but the website is currently not working). A new version just came out (ASIST 11.1) and they will be teaching the new version which has 86 new pages of material and new videos to watch. Shannon will be teaching it in Allegany County in October so she will be familiar with all the new material when the November training arrives. With this training you can Social Work CE/OASAS/LMHC Credits.
- **SafeTALK:** Training was held last Thursday September 13, 2018 and was a full class. The next training is set up for October 5, 2018 here at the DSS/HRC building in room 322. It is almost full.
- **Suicide Prevention Conference:** The annual conference will be held on September 20th and 21st in Albany. Brian handed out information on the Conference. The main topic is the report from the Governor on the recommendations that were given by the Suicide Prevention Task Force.
- **International Suicide Survivor's Day:** It is the third Saturday in November (11/17/2018). Shannon is going to meet with Care First in Steuben County next week to discuss plans.
- **Signs of Suicide (SOS) Training:** Multiple schools have been calling to set up this training that is given during the students Health class. Waverly and Edison are set up for next week. Elmira has a new teacher and will get one set up

soon. NYS has a new Mental Health Curriculum – so she reached out to Finn Academy and has not heard back from them. Horseheads already teaches SOS in their Health class.

- **Suicide Safety for Teachers:** Setting up the training for staff and teachers on one of Elmira's Conference Days in October.
- **NYS Suicide Prevention Conference:** Shannon is leaving tonight to attend and meet with other trainers to discuss the changes, and listen to the Governor's Report.

Director of Community Services report - Brian Hart:

- **Arnot Outpatient PAR:** Dr. Deskalu from EPC is in charge of residents for Arnot Health Care System. He talked to Brian about the Arnot outpatient clinic and want to use Residents to staff the clinic (Just Psychiatry). They can't open new services unless they can establish a need. With PAR they have to provide clinical services. Who is going to do the therapy and who is going to do the paperwork? This will potentially take services away from Family Services and EPC. There needs to be more discussion with OMH with Family Services, EPC, Arnot Health Care and Rochester/Strong Memorial at the table. How are they going to handle the costs? They are already having problems. Are they going to submit under a Lead Psychiatrist? There are just a lot of potential issues. This is all in the initial discussion stage.
- **Project TEACH Core Training:** This is coming from the University of Rochester and is free. It will be held on November 17, 2018 11:00am to 4:00pm at Arnot. This is for Primary Physicians, but has been opened up to ER Physicians. You receive 5 CME Credits. Email Lyons@URMC.Rochester.edu or call Amy Lyons at 1-585-273-2561 to register.
- **SafeTALK T4T:** This training hasn't been done since 2009. So far we have 17 people signed up and some from as far away as Monroe County. There are individuals coming from Family Services, Arnot, EPC, FLPN, Horseheads School District and two from the Wounded Warriors Project. The maximum amount of people in the class is 20, currently there are only 3 openings left. It costs \$300.00 to register for the Training. Once you have gone through this you have to do 3 SafeTALK trainings a year.
- **Dual Diagnosis RTF:** Residential Training Facility – This is new and opened up in the Buffalo NY area. You make a referral to your local SPOA. This is for Youth who are diagnosed with Developmental Disabilities and Mental Health. In a statewide meeting they discussed the problems on accessing RTF's. They need to try other things first.
- **Local Plan:** Catholic Charities is building Supportive Housing next to the DSS/HRC building. There have been emails on the Suicide Prevention Hotline in Tompkins County. We need live triage for our Crisis system. They can't seem to figure out the phone system. The process has stalled for now. OMH asked for our Crisis Plan and it was turned in. We are now in our second round

of questions. They want to know if our ½ hour response time is from when the call was made or from when Crisis was contacted. There has been one plan approved from Niagara County. We continue to work to find options that can be an alternative to ER visits. There is an upcoming training at Arnot for Primary as well as ER physicians. The psychiatrists need to trust the BHAT team and the BHAT team needs to have the confidence to know the resources available in the community. As for the decreasing caseloads in clinics, Family Services has been discussing this issue at each of its meetings. They need to get ready for VBP as they will have to justify patient outcomes in order to be paid. We need to make sure that the software systems are set for when VBP begins. We need to continue to support Health Home. We need to work at making other agencies aware of the Health Home Care Management. As for Pediatric Psychiatry - Dr. George will be coming back but not for another year.

🕒 **The next meeting is scheduled for October 17, 2018.**