

**Mental Health Sub-Committee**  
**October 17, 2018**

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**Present:** Brian Hart, Rebecca Robertshaw, Dina O'Herron, Lois Bocchicchio, Marilyn Cristofaro, Tiffany Bloss, Jessica Golden

**Excused:** Kellie Traugott-Knoll, Lisa Daley, Tarry Jochem, David McCausland, Shannon Oakes,

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**Minutes:**

Approved without changes

**Introductions:**

**Suicide Prevention Update–Shannon Oakes:**

- **ASIST Training:** Shannon is at an ASIST Training today in Allegany County. She will also be doing on here in November. The training is free here in the DSS/HRC building on November 7<sup>th</sup> and 8<sup>th</sup> (2 Full Days), and they will also provide lunch for both days.
- **SafeTALK:** There will be a class (open to the community) on October 24<sup>th</sup> 9am to 12pm here at the DSS/HRC building, that will be held in conjunction with the SafeTALK T4T training.

**Director of Community Services report - Brian Hart:**

- **Governor's Report:** It is not officially out yet. It was publically reviewed at the Conference that was held in September. Chemung County was mentioned in the report as to how good of a job they are doing. We will have to see what changes throughout the state will come from the Governor's office.
- **BBM Update:** This Friday through Sunday (10/19, 10/20, 10/21) there will be a Breathe, Body & Mind Training at the Horseheads Holiday Inn. They are doing Level I and Level II certifications. BBM helps teaches individuals how to self-regulate with breathing, meditation, and yoga. It would be nice to a community that can adapt and regulate their lives stressors. It would be nice to train staff in the Horseheads School District, so they can teach their youth in the district.
- **Transformation Update:** Part of the agreement that OMH made when closing facilities was that it had to push out more services into the community. The bed capacity for EPC has gone down. There has been an expansion in supportive housing. There are 82 supported beds with 12 HCBS waiver slots in the region (which includes 9 counties). There are 12 Crisis Respite beds for youth, 7 for the adult clinic, and 1 ½ for the children's clinic. In the Southern Tier Service Region there is over 38 full time staff in the Mobile Integration Team who says

they have served 3533 individuals. Not sure what MIT does and how they track those who come out of EPC. There has been more recent documentation on how non-effective MIT has been. The only one that seems to be working is the one out of Rochester.

- **CR Conversion 50%:** OMH is changing residents to supportive housing (Monroe and Erie Counties). Not sure of the rationale behind it except that they are cheaper to operate.
  
- **Geriatric NP Changes:** For 1 ½ years the state funded this position through Family Services. The funding is ending October 1, 2018 (but they are running behind) and Family Services notified Elcor, Cayuga Ridge, and CCNF that the service can continue but they will need a contractual agreement. Out of the three, CCNF is the only one who took them up on the offer. CCNF will do the billing and pay Family Services. As for the \$108,000 that can be reallocated – Brian Hart proposed 4 different options to OMH during a phone call. Those options are:
  1. In-home respite services for adults. He shared Delaware Counties plan which has an on demand service for 4 hours a day.
  2. Secondary Trauma Response for critical incident stress for hospital staff and school staff/students to debrief when a trauma occurs.
  3. TEACH – a version of CORE Training for primary care physicians to help them recognize children and youth mental health issues. This training will actually be taking place November 17, 2018 and ER physicians will be attending.
  4. Hoarding – for the cases that occur in Chemung County. Giving them the psychological support to change their mindset.

OMH liked In-Home Respite, as it will help with the transformation of keeping individuals out of the hospital.

Brian Hart had a lunch meeting with the Arnot's CEO John Lawrence. They spoke about the changes that are happening, the expansion of the ER, and about John being responsive to three hospitals (St. Joe's, Ira, and Arnot). They also discussed the PAR to merge assets (Arnot & St. Joe's) so they have one tax I.D. number. OMH has called with questions. The other PAR is more complicated. They want to close St. Joe's ER and only have an ER at Arnot. They will transport patients to St. Joe's who are assessed and eligible to go to St. Joe's BSU or New Dawn. In order to do this the staff will need to make sure they do the best possible assessment on a patient. They also need to know all possible services in the community. They also need to have 24/7 admissions for Mental Health and Substance Abuse. They also discussed Article 28 Clinic. John was not aware of the problems with lost revenue, treatment plans, certified risk assessments, and the need to extend hours of operation.

### **Sharing by Community Members:**

- St. Joe's BSU – Mary would like everyone to know that if you have any concerns about their patients, to not hesitate to contact them, because they want to hear from you. Dr. Kumar will be leaving at the end of next week. Dr. McKinzie will be coming in December full time. Dr. Leviant will be coming in January for six months. Dr. Bushdell will be with the outpatient clinic.
- Family Services – They have a shortage of applicants to fill positions. They are currently looking into other ways to recruit applicants for therapy services. They also want to clarify that it is not a policy that children can only see the Nurse Practitioner. The Psychiatrist primarily sees older teens and adults but does see some children.
- Brian Hart would like to be notified when any DD with Mental Health Issues are going to the hospital. He wants to be notified as soon as possible to be able to get the correct people at the table to provide the correct services for the individual.

🕒 **The next meeting is scheduled for November 21, 2018.**