

Mental Health Sub-Committee
June 19, 2019

Present: Brian Hart, Shannon Oakes, Marilyn Cristofaro, Rebecca Robertshaw, Tarry Jochem, Dina O'Herron, Lori Murphy, Heather Hargraves, Lisa Daley, Christina Sirois, Ellen Topping, Jennifer Emery.

Excused: Lois Bocchicchio, Tara Fethers, Beth Beckwith

Minutes:

Approved without changes.

Introductions:

Suicide Prevention Update–Shannon Oakes:

- **Committee News:** September is Suicide Prevention Month. They will offer a Safe TALK training the 2nd week of September. Will be attending a very large event at the Bath VA with many agencies involved. Will be setting up a table at Wisner Market.

There are rumors going around in the community but Shannon would like to inform everyone that Suicide Prevention is NOT involved in putting shoes out along the road in Big Flats on Route 352. People are assuming that its part of Walk-A-Mile and it is not the case.

Tonight there is a Pride Event at Chapel Park (rain or shine), and we will be setting up at Suicide Prevention Table. There was a large study involving 34,000 youth who considered suicide, and 37% of them seriously considered suicide. Those who were transgendered 50% of them seriously considered suicide.

Shannon is trying to absorb items from Brian's old office. The storage room is being relocated and on July 1st they will be working on the t-shirt inventory. They need to do a reset of what is in storage.

- **Hope Squad:** Had a conversation with Kim Stanton and she submitted a Grant for the Hope Squad. This is a positive PEER led model for middle and high school. If this Grant is approved, we can look to go with all districts with a multi-year commitment dealing with anti-bullying, positive mental health, and substance abuse. Training will need to be done, and we should hear if she got it soon. There are Community Grants out there if she doesn't get it. NBC has a 60 second clip that highlights the Hope Squad.
- **PBA Presentation at EPC:** Attended this on Monday that had a speaker talk about PTSD as it relates primarily to law enforcement and the secondary impact on their loved ones. There was a good turn out and about 60 people

attended. Information was shared on how things are impacting individuals and they are taking it home to the family. It's important to maintain connections with law enforcement. The message was clear and graphic that it's "not if" but "when" for someone to be traumatized in law enforcement during their career. They need to be able to recognize it and get help, and do not hide it inside. Those in law enforcement are not immune to trauma, and they should not have the mindset that it will never happen to them as there is a real risk. Law enforcement departments supported their employees to attend with their spouses/significant others. The departments that were represented was Elmira City Police, Police Academy, State Police, Elmira City Fire Department, and the Chemung County Sheriff. It was presented as an educational resource with some real stories.

- **Safe TALK:** The training on June 1st at Family Services for Care Managers at was successful.
- **Youth Mental Health First Aid:** I had to cancel the training 5/23 and 5/24 because only had 4 register, and I needed at least 10. Emails are going out to reschedule.

Director of Community Services report - Brian Hart:

- **Cancel July Meeting:** Brian will be at a Conference in July and will not be available for next month's committee meeting. He asked if they wanted to cancel or have the meeting without him and all were in favor of canceling the meeting.
- **C-SPOA Direct Referral to Care Management (Meredith):** OMH said that direct referrals can be made to health home care management agencies. Having the ability to use locally with agencies such as Family Services and EPC is much better. SPOA has a list of agencies, and most of the time families have a preference. EPC was able to fill an adult health Home Care Management position serving 18 to 21 year olds to help them transition to adult services.
- **Catholic Charities – LaFrance Project 17/20:** They are working in conjunction with Providence Housing, using several funding sources, and will be breaking ground on a two story 37 bed housing project next to Miller Manor. They are looking at a completion date around the end of 2020 to the beginning of 2021. Catholic charities will manage 20 of the units that will be for individuals being released from Prison/Jail, 5 of those 20 will be for individuals also dealing with substance abuse and/or mental health issues. Catholic Charities will manage admissions and discharges for the 20 units. Providence will manage the other 17 units that will be for low income individuals. It will have staff on site 24 hours a day from Catholic Charities and Trinity.

Sharing by Community Members:

- **Family Services:** Passed out Care Management flyers (Rack Cards) for children and adults. Please let Marilyn know if you would like more. (Please see attachments).

Marilyn was at a Head Start Meeting they received information on the immunizations from the NYS Department of Health. There will be no exceptions for religious purposes for children to not be immunized. Children must be immunized 30 days prior to the first day they start of daycare/preschool/school.

The next meeting is scheduled for August 21, 2019.
*****Remember the July meeting is cancelled.**

Please see attachments below:



**Linking You to
Community Services in
Steuben and Chemung
Counties**

 **WHAT IS
CARE MANAGEMENT?**

Care Management is a person-centered approach to meeting individual's healthcare needs. When you enroll in care management services, your care manager becomes your key point of contact in coordinating services for you. Health Home Care Management is a free service paid for by New York State Medicaid.

 **WHO IS ELIGIBLE?**

Do you qualify for Medicaid?

Do you have two or more chronic health conditions such as Asthma or Diabetes?

Do you have a serious mental illness or HIV/AIDS?

If you qualify for Medicaid and you answered yes to either of the other questions, then Care Management services may be available to you.





WHAT SERVICES DOES THE PROGRAM OFFER?

Care managers assist by *linking and referring* to the following:

- **Medical Services**
- **Mental Health Services**
- **Dental & Vision Services**
- **Housing Options**
- **Legal Services**
- **Substance Use Counseling**
- **Transportation Coordination**
- **Education/Vocation**
- **Money Management**
- **Employment Services**
- **Medication Management**
- **Community Programs**
- **Family Support**
- **Social Support**
- **Health Education**



WHO DO YOU CONTACT?

For individuals over the age of 18, please contact **HHUNY (Health Homes of Upstate New York)**
1-855-613-7659 or
www.hhuny.org/members/make-a-referral

For individuals under the age of 18,
please contact one of the following:

CHHUNY (Children's Health Home of Upstate New York) 1-855-209-1142
or www.childrenshealthhome.com

Encompass 1-844-884-4999 or
encompasshealthhome@ccbc.net

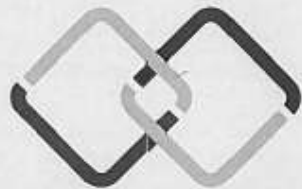
GRHNN
(Greater Rochester Health Home Network)
1-585-350-1400 or www.grhnn.org

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HEALTH HOME
**CARE
MANAGEMENT**
SERVICES FOR CHILDREN

**Linking Your Child to
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